

Selected news items and updates for the practicing clinician

Zachary Mulkey MD

- Asthma may be a risk factor for incident obstructive sleep apnea according to a prospective cohort study **published in JAMA**.
- Antidotes for the new generation of oral anticoagulants have been needed for some time. Now it looks as though one, **andexanet alfa**, may be the first successful option for at least two of the anticoagulants. FDA approval is still pending.
- It's a bad flu season. **How is your area faring?**
- Electronic cigarettes are still a "hot" topic, especially regarding their potential for helping with smoking cessation. The Cochrane collaboration assessed the highest quality evidence available, which isn't much, and rendered a verdict: **maybe**.
- The American Academy of Sleep Medicine has decided on its top five things physicians and patients should question as part of the Choosing Wisely campaign. **View them here**.

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