Selected news items and updates for the practicing clinician
Zachary Mulkey MD

• Routine monitoring of tube feeding and gastric residual volumes may not reduce the patient’s chances of developing pneumonia.  
  http://www.medpagetoday.com/CriticalCare/Pneumonia/36859
  PMID: 23321763

• The definition of early goal-directed resuscitative therapy may need to be even earlier than is currently practiced.  

• A new norovirus strain is affecting the United States. Although it is early in the season here, the strain has caused hundreds of outbreaks in other countries.  
  http://www.cdc.gov/mmwr/preview/mmwrhtml/mm6203a4.htm

• From the same study come two new thoughts: lowering BP during ICH doesn’t reduce the size of the bleed, but it didn’t cause harm either, even with rapid lowering.  
  http://www.medpagetoday.com/MeetingCoverage/ISC/37271
  http://www.medpagetoday.com/Cardiology/Strokes/37287
  PMID: 23391776

• The FDA is requiring the dose of zolpidem be lowered in women and that clinicians should consider a lower dose for men.  
  http://www.fda.gov/NewsEvents/Newsroom/PressAnnouncements/ucm334798.htm

Corresponding author: Zachary Mulkey, MD
Contact Information: zachary.mulkey@ttuhsc.edu